

# "The Joy of offering"

Oriental Duende dance  
workshop with La Negra

Oriental Duende Dance is one of the forms of Danza Duende in which we can study feminine energy in harmony with the masculine principle, working on a physical level through movements of Bellydance and an energetic "invisible" level. With an open mind, we can enter into the language of Oriental dance, discovering a freshness and joy in the beauty and sensuality of every detail, in each moment. A genuine, joyful, free offering!!!

We will work through the whole body using the richness and variety of the music and bellydance movements as support. We will study ways of creating and improvising dance, and will dance together in a spirit of joy, re-creating one of the beautiful characteristics of Middle Eastern dance, the female group dances.

This workshop is suitable for those with some experience of oriental dance at various levels. Please wear comfortable clothing and a hip scarf.  
(no Coin Belts please)

**10.30am-5pm Sat. and Sun.  
19th/20th November 2011  
Camden Palace arts center,  
Cork City, Ireland**

**FIESTA DUENDE!!**

an evening celebration of  
Oriental Duende Dance

**Saturday 19th November 8.30pm**



*Danza Duende*



**La Negra** studied different artistic expressions such as drama and writing during her childhood. Later she continued her pursuit through fashion design and photography, until she discovered the art of dancing, and with it her own body and soul becoming the materials to express herself.

She was introduced to Belly Dance by Paula Lena in Buenos Aires, and decided to go deeply into this art with other masters as Shokry Mohamed, Douglas Felis, Paula Lena, Myriam Szabo and others.

She lives in Barcelona and directs "Danza Oriental Negra", teaching classes and workshops in Barcelona, Madrid, Vitoria, Buenos Aires, Lisbon, Milan .

She has created and produced many shows and events since 2000 with internationally renowned professionals. Negra studies Danza Duende with Yumma Mudra and teachers of the Duende network. She is also a teacher of Oriental and Free Duende. Her interest about the essence of feminine energy led her to create the workshop "FEMINAS" which has been taught in different places in Europe. She joins with Cristina Manrique to create the performance "Poema Blanco" ("White Poem") and also created "El Aliento de las Dakinis" ("Dakini's Breath") inspired by the work of Yumma Mudra. Negra collaborates with Project Duende since 2004.



**cost of workshop is €130**

with a special price of €100 for those attending all three danza duende workshops organised for 2011/2012

the other workshops are:

**GYPSY DUENDE "ONCE WE WERE BIRDS"** with Monica Roncon **April 14th/15th 2012**  
**ORIENTAL DUENDE "SEMM"** with Yumma Mudra (Myriam Szabo) **10th/11th June 2012**

Please email [arabellah@eircom.net](mailto:arabellah@eircom.net) for more information on these events.  
[www.danzaduende.org](http://www.danzaduende.org) [www.danzaorientalnegra.blogspot.com](http://www.danzaorientalnegra.blogspot.com)

